



We Get You Back to You... Sooner



The Gallbladder

is a tiny organ situated below the liver in the upper right abdomen. It stores and releases bile produced in the liver. Bile is released into the small bowel to help break down and absorb dietary fats. Normal digestion is possible without a gallbladder.

Laparoscopic gallbladder removal, a minimally invasive procedure, involves the use of specialized tools and small incisions to extract a gallbladder that is diseased or inflamed.

EVERYTHING YOU NEED TO KNOW: Gallbladder Surgery with da Vinci Technology

The Procedure

In the past, patients having gallbladder surgery required an operation with a large incision called open surgery. Montefiore Nyack Hospital offers state-of-the-art surgery with da Vinci technology. Our highly-skilled physicians are trained in using the da Vinci system, a minimally invasive surgical option that offers many benefits over traditional surgery.

The surgery is minimally invasive, meaning the surgeon makes small cuts, and uses thin long surgical instruments and a laparoscope (a telescope). This is a thin tube with a light and a camera lens. The robotic surgical instruments are inserted through the cuts. Sitting at the console, the surgeon uses the controls to perform the surgery. The result is a minimally invasive surgery with a shorter recovery time and less pain.

Our Physicians

Our physicians are trained in using the da Vinci system and have performed many successful surgeries with it. Our doctors are experts in gallbladder surgery and will be with you every step of the way, from your initial consultation to your recovery.

SCHEDULE A CONSULTATION: 845-348-3058

Gallbladder

If you're experiencing persistent pain in your upper right abdomen, you may be a candidate for gallbladder surgery. This procedure can help alleviate discomfort and prevent more serious complications down the line.

SYMPTOMS



pain in the upper right abdomen



nausea or vomiting



indigestion



bloating



diarrhea

CAUSES



gallstones



inflammation



genetics



rapid weight loss



high-fat diet

PREVENTION TIPS



maintaining a healthy weight



eating a low-fat diet



exercising regularly



staying hydrated



limiting alcohol intake

What to Expect Before Surgery

Focus on a healthy lifestyle before your surgery.

Discuss how to adjust your food and drink intake prior to surgery.

Prepare a list of your current medications to discuss with your doctor prior to surgery. Include over-the-counter medications in the list.

Arrange for someone to take you home after the surgery.

What to Expect After Surgery

Get out of bed, walk early and often.

While you should avoid strenuous activity for a few weeks and get plenty of rest, movement is important. Get out of bed and walk early and often.

Discuss what type of diet you need to aid in your recovery.

Your physician will schedule a follow-up appointment to ensure that you are healing properly.

SCHEDULE A CONSULTATION

To schedule a consultation and for more information about robotic-assisted surgery, call Highland Surgical Associates at **845-348-3058**.

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